

In as little as four months—or take longer if you wish—you can be ready to start making money as a Child Daycare Specialist. U.S. Career Institute prepares you to work for public and private daycare centers, preschools and even for yourself—open your own home-based daycare center and work at home.

You get everything you need to know in easy-to-understand lessons that take you step by step from the basics of child care development through advanced techniques and skills. This outline gives you a preview of what you will learn.

INSTRUCTION PACK I

Welcome to the World of Child Daycare! Child daycare specialists provide valuable services. Learn exactly what daycare providers do and learn about opportunities in this career.

Child Care Today

Learn about the increasing demand for child care in today's society and the benefits of quality child care for parents, children and caregivers. We'll also compare child care in a daycare center versus child care in a home setting.

The Newborn—More than Meets the Eye

You'll begin your study of child development with newborns. You'll examine the needs of newborns and how to meet these needs. You'll explore how newborns develop physically, socially and intellectually, and you'll learn how to plan activities appropriate for newborns.

A Closer Look at Infants

You'll begin your study of child development with infants. You'll explore infants' needs and how to meet these needs. You'll learn how infants develop physically, emotionally, socially and intellectually, and you'll learn how to plan activities appropriate for infants.

Toddlers—Here, There and Everywhere

You'll explore the special characteristics of toddlers—their physical, social, emotional and intellectual development, and how to plan an effective daycare program to meet their needs.

Preschool Children—Ages, Stages and Activities

Much growth and development occurs during the preschool years. You'll learn about every area of preschool development, and you'll learn about activities that preschoolers will enjoy and benefit from.

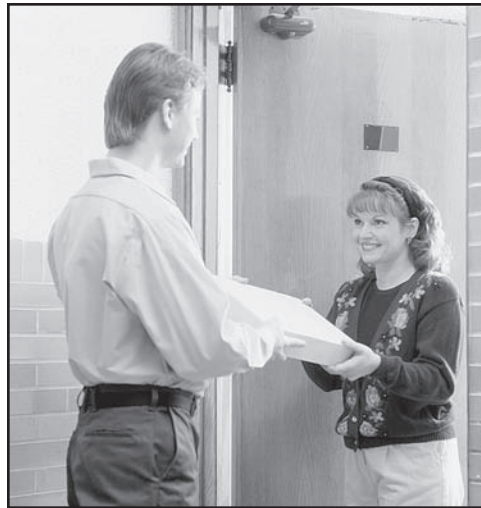
Also Included in Pack I:

- Study Organizer
- U.S. Career Institute Post-it Notes
- Course Introduction
- School Catalog
- *You Can Do It!* CD

INSTRUCTION PACK II

School-Age Children—Ages, Stages and Activities

As children move into their school years, their physical, emotional, social and intellectual development continues at a rapid pace. This lesson will help you understand the needs of school-age children and plan appropriate activities for them.



Total convenience! Everything is delivered right to your doorstep. What could be easier?

Beyond Ages and Stages—Child Development Theories

Explore the history of child development and what it includes. You'll learn several influential child development theories, such as the psychodynamic and behaviorist theories.

Connect to the Children in Your Care

Building on the knowledge you have gained thus far in your course, you'll practice planning a daycare program to satisfy the needs of various children. You'll explore how to plan activities for all ages. We'll also give you tips on planning special activities and field trips.

Defining Discipline

Children of all ages need discipline and guidance. You'll learn how to discipline children in a way that fosters positive behavior and helps a child develop self control. You'll learn how to set rules and limits that children can understand.

We are What We Eat—Children and Nutrition

Discover how to plan nutritious snacks and meals for children at various ages. You'll learn how to deal with food allergies and how to teach children about nutrition. We'll cover the USDA dietary recommendations and show you how nutrition affects learning.

Also Included in Pack II:

- Safety Scissors
- *Forms, Assessments and Checklists Oh My!* Supplement

INSTRUCTION PACK III

Keep Children Healthy

The health and safety of the children in your care is one of your primary concerns. You'll learn how to reduce the spread of illness, how to evaluate a child's health, and how to deal with a sick child. You'll learn how to provide a safe, hazard-free environment.

Keep Children Safe

You'll learn how to handle first-aid and other emergencies. We'll direct you where to find further first-aid and CPR training.

Form the Groundwork

Observing state and local regulations will be an important part of running your daycare business. You'll learn how these regulations are designed to protect both you and the children you care for. You'll learn how to find out what your state requires with regard to applications, background checks and zoning and safety requirements.

Get Ready—Create a Business Plan

You'll learn how to make a business plan for your daycare facility. Learning how to set up a budget and plan your space and equipment needs will ensure that your business is a success right from the start.

The Parent Connection

You'll learn important principles about communicating with parents, from daily charts to formal conferences. You'll learn how to enroll a child in your daycare center and how to complete all necessary forms.

Also Included in Pack III:

- *Poison First-Aid Guide Supplement*
- *Pocket First Aid Guide*
- *Teacher Top Tens Supplement*
- *Study Organizer 2*

INSTRUCTION PACK IV

Ways to Enhance Your Child Daycare Program

You'll learn how to assess the needs of your community so you can plan your daycare program to meet those needs. You'll begin to plan what ages of children you want to care for, how many children and how you will organize your home and time to meet the needs of your new career.

Special Needs Children—Understand and Accommodate

You'll address the needs of special needs children and explore how to accommodate them. In addition, you'll learn appropriate activities for special needs children.

Putting It All Together—Final Practicum

Use what you know about child daycare for a real-world scenario. You'll also explore how to start your own child daycare business.

Also Included in Pack IV:

- *Healthy Food Ideas for Growing Minds and Bodies Supplement*
- *Your Daycare as a Business Supplement*
- *Inside your Busy Body, Little Toot, and The Tale of Peter Rabbit*
- Fisher Price® Rock-a-Stack
- Career Starter Kit

Bonus! When you complete your course and your tuition has been paid in full, you'll receive the following graduation gift: *Home Business Guide*



Accredited by the
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of the Distance Education
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Here's What You Get!

It's yours to use in your course and keep forever!



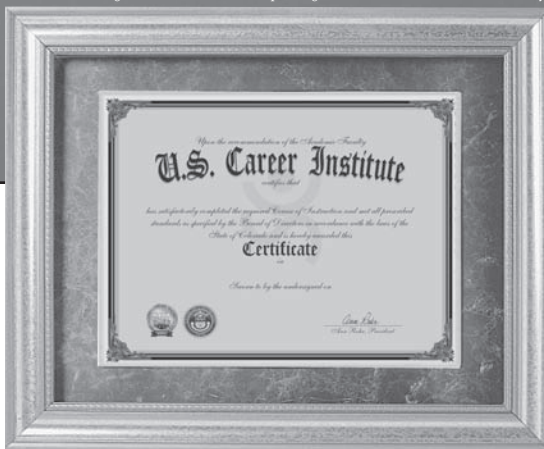
• **Priority Express Shipping**—You'll receive your first Instruction Pack in just a few days!

• **Preschool Developmental Toy**—Specially designed toys make learning fun and easy.

We reserve the right to substitute items of equal or greater value when it becomes necessary.

All this is yours to use and keep! Everything you need—books, lessons, learning aids and much, much more!

You'll be specially trained to work as a Child Daycare Specialist in daycare centers, preschools or even in your own home-based child care business.



Your Certificate from U.S. Career Institute designates you as a trained Child Daycare Specialist. You will be proud to display it in your home or office as a symbol of your achievement!



As a U.S. Career Institute graduate, you are fully qualified to work as a Child Daycare Specialist. So whether you prefer to work in a large preschool, daycare center or for yourself in your own home-based child care business—you'll feel confident knowing that you've received the best training of its kind available. Plus you'll receive continuing graduate support whenever you need assistance.

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When we started U.S. Career Institute, we wanted to place special emphasis on making it easy for people with families to work at home.

We've trained thousands of people to start making a good living working in a career they love. We know we can do the same for you--you have our word on that!

Pam Weston,
Founder